



**St. Timothy's Episcopal Church** **Creve Coeur, MO**

# From the Rector



Dear People of St. Timothy's,

It seems that we have not had time to catch our breath since Christmas and the season of Lent is upon us. Lent means so many different things to each of us. For some of us it means "Fish Fry" opportunities that attend the season in St. Louis. For others it is a chance to start a diet, either for health or spirituality. The idea of Lent as a season of discipline goes back to its earliest practice.

The traditional disciplines of Lent find their origin in the gospel reading for Ash Wednesday. The Sermon on the Mount in Matthew 6 describes fasting for the good of the body, prayer for the good of the soul, and almsgiving for the good of the neighbor. The clear intent of Jesus is that our discipline is not something showy, but it is to be humble, sincere and personal. Any discipline we embrace should not be external, but deeply internal, seeking true repentance and amendment of life.

The hunger created by fasting is not for self-punishment, but to remind us to hunger for God. The discipline of prayer also bends the conscious mind to listen for God's guidance. Even almsgiving makes us aware that we may most readily see the face of God when we look in the face of our neighbor.

All our disciplines should direct us to the Great Commandment—deeper love for God and our neighbor. Mark Bozutti-Jones, Priest for Pastoral Care and Community at Trinity Wall Street, says, "Jesus says, 'Love one another, but to love one another, you must know one another.'" It is in relationship that faith is both tested and fulfilled. When we draw closer to each other we risk revealing our own flaws. It is relationship that we discover the heart of the gospel; the forgiveness of sins.

Lent requires that we examine our lives in the light of our promise of love toward God and neighbor. It is in seeking God and loving neighbor that we find his favor, not because of our own virtue, but because of the grace given in Jesus Christ.

Love,  
Marvin +

**What's Happening at St. Tim's**  
(p. 2 - 3)

**Ongoing Events**  
(p. 4 - 5)

**Recaps & Reminders**  
(p. 6 - 8)

<b>Events in February</b>	<b>Feb. 3</b> <ul style="list-style-type: none"> <li>• <b>First Wednesdays Dinner &amp; Discussion on Fellowship</b></li> </ul>	<b>Feb. 7</b> <ul style="list-style-type: none"> <li>• <b>Fat Tuesday Pancake Breakfast</b></li> <li>• <b>Sue Eastes 30th Ordination Celebration</b></li> <li>• <b>Scout Sunday</b></li> </ul>	<b>Feb. 10</b> <ul style="list-style-type: none"> <li>• <b>Ash Wednesday 7am, Noon, 7pm</b></li> </ul>
	<b>Feb. 6</b> <ul style="list-style-type: none"> <li>• <b>Absalom Jones Commemoration</b></li> </ul>		<b>Feb. 26</b> <ul style="list-style-type: none"> <li>• <b>Cod for God Dinner</b></li> </ul>

# ABSALOM JONES COMMEMORATION AND DIOCESAN WORKSHOP



**SATURDAY, FEBRUARY 6, 2016**

**ST. TIMOTHY'S PARISH HALL**

**10:00 AM – 1:00 PM**

**Lunch will be provided**

**Sign Up Sheet on the Bulletin Board in the Gathering Space**

- Can you take a bus to St. Timothy's from all St. Louis neighborhoods?
- How long would the trip take? More importantly – would you want to?
- Do you know the history of how/why St. Timothy's was located where it is presently located?
- Does location help or hinder St. Timothy's and other congregations in their work towards racial reconciliation?
- What have been your experiences with race where you currently live?
- When did you first notice race as a child?

These are some of the questions and areas of exploration that shape this year's Diocesan workshop theme:

## **LIVING APART: RACE, RESIDENCY, AND REALITY**

You may be surprised, even shocked, to learn how neighborhoods were formed in St. Louis and who decides who lives in them. Do you want to know how real estate practices affect education? Where does North St. Louis end and South St. Louis begin? And why?

You are invited to spend a few hours in a "safe place" engaging in friendly, honest and informative discussions about the influence of segregation on our lives. Listening and sharing will move the conversation forward.

The Commission on Dismantling Racism will also offer special commemorations honoring the late Rev. Emery Washington, longtime Episcopal clergyman and founder of the DRC; and the late Mr. Michael McDowell, longtime member of St. Timothy's, active member of the DRC and civic leader.

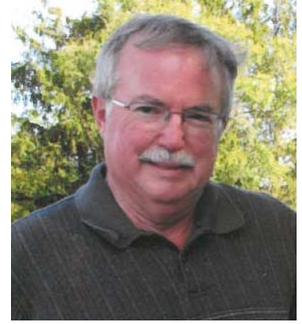
## Honoring Mike McDowell at Absalom Jones Event

On Saturday, February 6, 2016, St. Tim's will honor the memory of Mike McDowell as part of the Diocesan-wide celebration of Absalom Jones Day. McDowell led St. Timothy's Dismantling Racism Committee until his unexpected death in 2013.

Absalom Jones—former slave and abolitionist—and McDowell—a city manager—both believed in racial equality. In 1794, in Philadelphia, Jones established the first African American Episcopal Church. He later became the first black man ordained as an Episcopal priest. Jones believed in education, opportunity and service to the poor.

"Mike would be so honored to be remembered on Absalom Jones Day," says his widow Teresa. She notes that her husband grew up in Jackson, Tenn., in the 1950s and 1960s. White and black people were segregated in schools, churches, restaurants, theaters and even at the county fair.

"Mike saw the injustice and spoke up at home, in church and at school—even when people didn't like it. Righting injustice laid the groundwork for his life," she says. "Mike got involved in the Dismantling Racism Committee because it was his passion to live in a world where everyone was treated equally.



"As manager for Creve Coeur, Olivette, Wentzville and four other cities, Mike treated employees equally regardless of race and they were expected to do the same in their community," says Teresa. "We also raised our sons Brian, Jeff and Chase to judge people by their actions, not by skin color."

We invite everyone to participate in Absalom Jones Day at St. Tim's as the Diocese of Missouri commemorates McDowell's legacy.

by Florrie Kohn



## Sue Eastes: Celebrating a Milestone in Ministry

February 2016 marks an incredible 30 years of service for St. Tim's Clergy Associate the Reverend Sue Eastes. She was ordained as an Episcopal priest in February 1986, and we are so happy and honored to celebrate with her.

Eastes appreciates the significance of reaching the 30-year mark. It wasn't until the mid-1970s that women could even serve as priests in the Episcopal Church, she notes. "A woman, celebrating 30 years, is kind of rare," she says. "But as the years go by, it won't be. Now there are a lot of young women entering the priesthood and I'm tickled to death."

The priesthood is actually Eastes' second career. She first worked in Information Technology Management at General Mills in Minneapolis, Minnesota. She has savored

both of her professions. "I have no bucket list left," she says. "I've lived a life that I've loved. I have no regrets about accepting all that God offered."

Eastes currently leads the weekly Wednesday worship service and coordinates a Sunday morning Bible study. "I love the people of St. Tim's—each and every one," says Eastes. "I see them as hungry for the Spirit, for God, for the Word and hungry to find out how life can be lived with God."

St. Tim's Rector, the Reverend Marvin Foltz summarizes what we appreciate so much about Eastes: "Sue has devoted her life to God," he says. "She is a pioneer, she is committed, she is very bright, and she is a really special person."

**PLEASE NOTE: Eastes will preach at the 10:45 a.m. service on February 7. Be sure to attend and celebrate the 30<sup>th</sup> anniversary of her ordination. With her ministry, God has given us a great goodness and joy.**

by Florrie Kohn

# MUSIC NOTES

We observed our Patronal Feast—the Feast of Saints Timothy, Titus, and Silas, Companions of Saint Paul—at each of the weekend services of 30-31 January. This is a time when the Parish honors the saint who was chosen as its Patron Saint. The Office of Evensong was sung that afternoon at 5.00. Our Choir was joined by the Ladue Chapel Presbyterian Church Choir and their Director, David Erwin.

Herbert Sumsion’s *Magnificat* and *Nunc dimittis* in A, and the very beautiful anthem *Jesu, lover of my soul* by Philip W.J. Stopford were sung. As always, a lovely reception followed in the Gathering Space.

The following Sunday, 7 February, is the Last Sunday after the Epiphany (which means that Ash Wednesday is that very week!). As is the custom of this Parish, Sunday’s 10.45 service will feature a Dixieland band featuring our own Karen and Rick Sharp. It will certainly be a festive and spirited time!

On the local music front, the St. Olaf Choir, under the direction of Anton Armstrong, will present a concert at Manchester United Methodist Church (129 Woods Mill Road, Manchester) Friday evening, 12 February, at 7.00. This is one of the outstanding college choirs in this country, and it is always a treat to experience their artistry in concert. Tickets may be purchased at [stolaf.edu/tickets](http://stolaf.edu/tickets) or by calling 800.363.5487.

Pax,

*Mark*

Mark R. Scholtz  
Director of Music



We are sorry to say goodbye to Caryl & Joe Fox as they move East. We thank them for their dedicated service and warm friendship during their decade at St. Tim’s. We wish them all the best. Godspeed, Foxes!

## Sunday Bible Study Classes

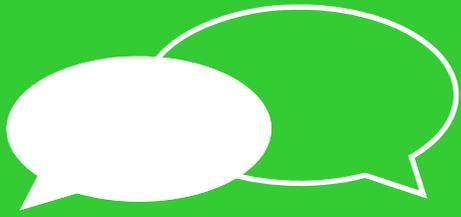
The Sunday morning Bible Study classes have resumed this winter/spring. Have you ever thought about dropping in? It is led by both clergy and lay leaders, depending on the Sunday. Our focus is on **discipleship**, informed by a Scripture theme each week.

This study looks at the transforming power of Scripture, while teaching Bible study skills that take participants deeper into the Scripture—yet moving into our world with contemporary meaning. We are delving into Luke and Acts this Spring.

Come when you can. There’s no homework, and the discussions are lively and compelling. Each class is made up of the following:

- Background comments informed by the leader
- Reading of related Scripture passages
- Dynamic group discussion.

We’d love to have you join us. Meet us on Sundays, in the South Parish Hall at 9:40 a.m.



# FIRST WEDNESDAY

## Monthly Dinner & Discussion at St. Timothy's

The first Wednesday of each month we gather for dinner and discussion, focusing on a specific area of our common life together. The topic for our gathering in February is **FELLOWSHIP**. What should fellowship at St. Tim's look like?

- Fellowship is an important part of our church life, helping us to connect to one another.
- Fellowship events are often the bridge into our parish community for newcomers.
- Fellowship strengthens our relationships and enhances our celebrations

These events strengthen our sense of belonging, nurture the networking that builds our ministries, and provides opportunities for us to minister to each other. No matter how long you have been attending St. Timothy's or whether or not you have participated in Fellowship activities, we need to hear from you. Come and help us plan the parties at St. Tim's!

**Please join us Wednesday, February 3, 2016 in the Parish Hall. Dinner will be provided at 6 p.m. and our discussion will end by 8 p.m. Childcare is available. Please sign up online at <http://www.saint-tims.org/>, on the sign up sheets in the Gathering Space, or call the office at (314) 434-5906.**



Future Topics for Dinner & Discussion Evenings:

- March: Pastoral Care
- April: Worship
- May: Outreach/Service
- June: Adult Formation/Spirituality



## New Vestry Members Elected at Annual Meeting

St. Timothy's held its Annual Meeting on January 24, 2016. Rick Sharp and Hank Conard from the Finance Committee went over the church's financial health and 2016's budget. Four new Vestry members were elected at the meeting. Jim Clark, Jon Hotra, Rob Muschany and Nancy Setzer were each elected to a three year term. We will keep them in our prayers as they begin their new service to St. Timothy's Parish. Many thanks to Ginni Campbell, Andrea Johnson and Judy Maloney for standing for election to the Vestry.



Finance Committee member Hank Conard explains the numbers



The kids enjoyed a movie & popcorn while the adults attended the meeting!

In addition, Cindy Foltz was chosen as Convention Delegate and Kim Dressel and Nancy Setzer were chosen as Alternate Convention Delegates. The new Endowment Committee Trustee is Gary Stansbery. We are very blessed to have such a wealth of talented people in our congregation! We also recognize outgoing Vestry members Joe Fox, Gina Frey, Betsy Gee and Joy Rouse for their devoted service to our church.

### Youth & Family Information and Deadlines

#### Camp Phoenix is July 24-30, 2016

- This official summer camp of the Diocese of Missouri invites campers ages 8-15 for a week of outdoor fun, crafts and spiritual formation. Rising high school seniors may apply to work as counselors -in-training. Register from **February 1st** at <http://camp-phoenix.org/>

#### Diocese of Missouri's Colorado Pilgrimage program

- This summer, diocesan youth are invited on a pilgrimage to Colorado centered around the environment, service, and growing in prayer! Wonder Voyage, an organization that specializes in planning mission trips and pilgrimages, is currently finalizing an itinerary with diocesan youth leadership that includes both human and environmental service work, time in Colorado's Great Sand Dunes, rafting, and plenty of time for reflection and relationship-building! We'll be staying near Pueblo, Colorado, but visiting several nearby towns and natural areas over the course of the week.

The pilgrimage is open to youth who have completed Grade 6 to those who have just graduated high school. Leaders will include diocesan youth staff along with a professional mission guide from Wonder Voyage. Information on costs, along with forms to register, are available at [diocesemo.org/youth](http://diocesemo.org/youth). **Registration will close February 10th**, and space is limited, so please don't delay in deciding to join us!

#### Scout Sunday

- The Boy Scouts of America will hold its annual "Scout Sunday" on February 7 this year. There will be a celebration of this at the 9:00 am service that day, which also happens to be a Family Worship Sunday. All scouts--of any age--are encouraged to wear their uniforms to church that morning. There will be a scouting-themed cake to enjoy after the service!

## Financial Snapshot, December 2015

For 12 months of 2015:

Target revenues and expenses (Budget %)	100%
Actual plate receipts	120%
Actual pledge receipts	106%
Actual expenses	96%



We finished 2016 with a \$55,319 surplus. On the revenue side, plate and pledges both exceeded our plan and our facility usage income from outside organizations was twice our expectation. On the expense side, our payroll was less than planned since we did not hire additional clergy and our insurance expense was \$5,000 less than planned. Thank you so much for your faithful support and commitment to all our wonderful ministries. The Finance Committee enjoyed presenting 2016's budget at the annual meeting.

Thanks for your support! --The Finance Committee

## February Dates to Remember

### February Birthdays

2	Emma Barnes	14	Sharon LaRue
	Thomas Loew	15	Hopey Gardner
	Luc Wiggins	16	Jennifer Barnes
3	Stephanie Smith	19	Sasha Hinrichs
5	Carol Rogler		Jim McCullough
	Alfonso Gioia	21	Hongxia Wang
6	Mitzi Uyemura	22	Lorraine Weisler
10	Kirk Fritsch		Deanna Mason
12	Judy DeMarco		Paul Pennel
	Norm Moenkhaus	24	Rick Dyer
	Chase Nauman		Aaron Agne
	Andrew Schuerman	27	Kate Buckley
13	Ellen Lindsey	29	Verne Luther
	Irena Pennel		

### February Anniversaries

2	Sharon LaRue and Bob Lipscomb
5	Kate and Eric Buckley
14	Pat and Jerry Evans
	Irene and Mike Cummins
19	Karen and Rick Sharp
22	Cathy and Chuck Agne
26	Leslie and Tony Corey
27	Charlotte Bukowski and Thomas Loew

We remember Beverly Buder, longtime parishioner of St. Timothy's, who died January 19, 2016 after a long illness. Our sympathy goes out to her family, especially her husband, Mo, and her sister, Nancy Summers, also a longtime member of St. Tim's. A memorial service is planned for March 11, 2016 at 11:00 a.m. at St. Timothy's.

## Susan Moenkhaus Honored as Outgoing Angler Editor



**S**t. Timothy's parishioner Susan Moenkhaus was recognized for her long tenure as editor of the church newsletter, *The Angler*, at the Annual Meeting. Over the course of 26 years, Susan witnessed many changes at St. Timothy's, all the while keeping *The Angler's* readers well informed and up to date as she brought each issue to print.

In 26 years, that works out to:

- 312 issues
- 4,600 articles
- Approximately 700,000 words written/edited, laid out, and printed! **WHEW!!**

Thank you, Susan, for your many years of dedication to this important ministry. Hip, hip, HOORAY!

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The Rev. Dr. Paul A. Metzler, *Clergy Associate*  
Heidi Clark, *Lay Associate for Ministry*  
Mark R. Scholtz, *Director of Music*  
Alice McLaughlin, *Parish Administrator*  
Mitzi Uyemura, *Angler Editor*

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