

God and Family Award Earned by Eight St. Tim's Scouts



Eight Girl and Boy Scouts from St. Timothy met with Father Marvin on seven Wednesdays from January through March to earn the God and Family religious award. During the class, they learned more about the importance of family and God's role in a healthy family. Each week they read different stories from the Bible and added a new ingredient to their "pizza" which they constructed over the course of the seven weeks.

Each ingredient of the pizza symbolized different components of a family:

- Crust is the foundation, based on belief in God
- Sauce is heritage : family and spiritual
- Toppings are our talents and gifts, they strengthen our families
- Cheese is the rules, such as Ten Commandments and our family rules
- Baking the pizza is like being in God's family; it helps us when things are tough

The final class included making and eating real pizzas! Congratulations to Robbie Catalano, Michael Hotra, Gwen Johnson, Patrick McCullough, Peter McCullough, Andrew Schuerman, Caitlin Schuerman and Leland Schuerman.



May
2016

St. Timothy's Episcopal Church

Creve Coeur, MO

From the Rector



Dear People of St. Timothy's,

The feast of Pentecost has been called the birthday of the church. The second chapter of the book of Acts records an event in which the disciples of Jesus were gathered in vigil and prayer in an upper room in Jerusalem after he had gone from them into heaven. He had left them with the promise that if they waited faithfully and prayed that something wonderful would happen.

The description of the event is colorful: a noise like a windstorm and something like tongues of fire resting on their heads. The result was more than just "goose bumps," though I think I would have had them. They began to proclaim God's deeds of power in languages they had never known or studied and strangers from all over the world could understand them. Their speech convinced people from all over the world to join them in their faith and worship of the Lord.

I wonder. If we believe as they did; if we wait faithfully and pray, will something wonderful happen for us as it did for them? I wonder if we can learn to trust that though Jesus has gone into heaven, that he will never leave us. I wonder if we know that we also have been promised his power in our lives, to witness to his love and to the transformation that God brings. I wonder if we realize that the Holy Spirit is our constant companion, friend and guide.

John's gospel tradition describes the gift of the Holy Spirit in a different way. In the 20th chapter:

Jesus said, "Peace be with you! As the Father has sent me, I am sending you." And with that he breathed on them and said, "Receive the Holy Spirit. If you forgive anyone's sins, their sins are forgiven; if you do not forgive them, they are not forgiven."

Jesus breathes the Holy Spirit into his dispirited disciples, sending us in his name and granting us the power and responsibility to forgive sins. In the Hebrew language the same word "ruach" serves as "wind," "breath," and "Spirit." The prophet Ezekiel in the Vigil lessons prophesies to the wind and the dry bones come together, bone to his bone, flesh rises and the Spirit enters reconstituted humanity and reanimates us. The opening of Genesis has the "ruach Elohim" brooding over the face of the waters of the deep, hovering like a great bird over the primordial chaos, stirring the pot of creation. We who would follow Jesus and do his works are filled with that selfsame Spirit.

Pentecost ends the liturgical season of the resurrection. It begins what the Catholics call Ordinary Time. Ordinary time is also God's time. It reminds us that every day is a day for us to be filled with this wondrous gift. Are you willing to make a commitment to Jesus, our risen and ascended Lord, to gather in vigil and pray faithfully until something wonderful happens?

Love,
Marvin +

Events in May

May 4

- **First Wednesdays Dinner & Discussion, "Adult Formation," 6 - 8 p.m.**

May 8

- **Ascension Day (observed)**
- **Happy Mother's Day! (No Sunday School)**

May 15

- **Pentecost (wear RED!)**

May 20

- **Daytimers' Trip to MO Botanical Garden, 9:30 a.m. @ church**

May 22

- **Evensong 5 p.m. (reception following)**

Saint Timothy's Episcopal Church
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Creve Coeur, Mo 63141-6306

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The Rev. Dr. Paul A. Metzler, Clergy Associate
Heidi Clark, Lay Associate for Ministry
Mark R. Scholtz, Director of Music
Alice McLaughlin, Parish Administrator
Mitzi Uyemura, Angler Editor

**Dated Church Material
Prompt Delivery Appreciated**

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MUSIC NOTES

A favorite encouragement of Heidi Carter's at just about every staff meeting at St. Tim's is, "We need to be invitational!" Why, yes, we *do* need to be invitational. When the question of invitation was raised at the April edition of First Wednesdays at St. Tim's, I was pleased and, frankly, rather moved, with the number of times that our service of Choral Evensong was mentioned as an ideal opportunity for invitation. Think about it: no sermon, no Communion, only about 40-minutes in duration, and followed by a lovely wine and cheese reception in the Gathering Space. And we're continuing in that long tradition of the Anglican Communion of singing at the conclusion of the day. Here is a blurb from one of our sister congregations:

The Office of Evensong is sung at the close of each day in cathedrals, collegiate chapels, monastic communities, and parish churches throughout the Anglican Communion. Derived from the ancient offices of Vespers and Compline, it is a service of rare beauty offered through the singing of psalms and canticles, the reading of scripture, and prayer. This liturgy of sung prayer has been offered daily throughout the Christian era and it enables us to join with all those who have gone before, those

today who offer their evening prayers, and those who will continue their sung praise, petitions, and thanksgivings in times to come.

The worshipper offers praise through association with the Choir and sits awash in sung prayer as it resonates throughout the sacred space. Natural time is suspended as word and music combine to capture the holy rhythms of the spheres and the worshipper is transported beyond chronological time to a place where creation and eternity coalesce into one.

With that in mind, think about inviting someone to join *you* Sunday evening 22 May at 5.00 for the final service of Choral Evensong for our Choir's 2015-2016 season. The Canticles will be those in F-Major by George Dyson, and the anthem Philip Moore's beautiful and contemplative *Through the day thy love has spared us*.

I'm looking forward to greeting you and your guest at Evensong!

Pax,

Mark

Mark R. Scholtz
Director of Music



Portugal, Spain, Algeria, Morocco, Italy, Tunisia, and France.

ReCORK is a unified movement to make our world better by recycling cork. ReCORK collects post-industrial and post-consumer natural corks and recycles them. By reclaiming valuable corks from the waste stream, they create sustainable products that help the environment.

Please bring in your corks and place them in the Cork Recycling container located on top on the coat rack.



by Kathy Dyer

Got Corks?



The bark of the cork oak is harvested by hand every nine years. The process causes no harm and the tree does not get cut down. Harvesting bark extends the tree's lifespan to over 200 years and the larger the cork tree grows the more carbon dioxide it locks away. Cork is a great carbon sink. The harvesting of cork oak offers one of the finest examples of traditional, sustainable land use. Cork oak forests are found in landscapes which cover nearly 2.7 million hectares of

Financial Snapshot, March 2016

For 3 months of 2016:

Target revenues and expenses (Budget %)	25%
Actual plate receipts	30%
Actual pledge receipts	22%
Actual expenses	23%



2016 financials continue to progress well with a March surplus of about \$5,300 and a \$3,400 surplus for the year. With 25% of the year over, pledge income is lagging a little at 22% of budget. Easter Receipts and Facility income helped to make up the difference. In March we made the final payment to Bolt Construction for our new roof section! Enjoy the spring weather.

--The Finance Committee

(Ginni Campbell, Steve Cameron, The Rev. Marvin Foltz, Alice Fritsch, Norm Moenkhaus, John O'Bryan, Rick Sharp, Mike Wyland, Kurt Zwickelmaier)



May Dates to Remember

May Birthdays

- 1 Nathaniel Pyron
- 2 Robert Phillips
- 3 Rick Sharp
- 4 Jan O'Neil
- 5 Bill Dunworth
- 6 Grant Schuerman
- 10 Sheila Morse
- Blaine Stone
- Mike Thake
- 11 Brendan Johnson
- 12 Linda Lambert

- 13 Noah Agne
- 14 Debbie Smith
- 16 Alonzo Collins
- Jared McAvoy
- 17 Nancy Summers
- 18 Jean Presson
- 22 Loryn McCullough
- 23 Betsy Gee
- 24 Vishal Viswambharan
- 29 Michael Hotra
- 31 Josh Wangler

May Anniversaries

- 4 Mitzi and Rob Uyemura
- 7 Mary Lou Blackhurst and Jim Hinrichs
- 9 Louann and Craig Boyd
- 14 Becky and Blair Porter
- 19 Lenene and George Andre
- Jessica and John O'Bryan
- 21 Debbie and Wayne Smith
- 27 Kellie and David Aldrich
- 29 Stephanie and Marshall Smith
- 30 Florrie and Frank Kohn
- 31 Jane and Cletus Coughlin

We are saddened to report that several longtime St. Timothy's Parishioners have died recently:

Dr. Newton White, on April 9
George "Stu" Thompson, on April 10
Lorraine Alice Weisler, on April 15



Eternal rest grant unto them.

Six St. Timothy's Members Confirmed



L - R: Rev. Marvin Foltz, Joseph Gioia, Jacob Conard, Jeffrey Kees, Rt. Rev. Wayne Smith, Emma Barnes, Sophia Porter, Owen Uyemura

One adult and six youth members of St. Timothy's were confirmed by the Bishop of Missouri, the Rt. Rev. Wayne Smith, at Christ Church Cathedral in St. Louis on April 23, 2016. The Rev. Marvin Foltz directed the Confirmands and Ellen Neise and Holly Wilson were acolytes at the service. Congratulations to the Confirmands and their families!

Rector's Office Renovated

You may have noticed some banging and sawing coming from the direction of the rector's office over the last month or so, which are the sounds of progress as The Rev. Marvin Foltz's office undergoes a renovation!

It was often cold and drafty in the winter, so with a generous donation from St. Timothy's Holiday Pantry Ministry and a partial grant through the Diocese of Missouri, it is being fixed up. The walls were insulated and painted, new bookshelves are being installed, a smaller desk has been purchased, along with a conference table which will now fit in the remodeled space. The windows were leaky and drafty, too, and were also replaced. In addition, there will be a white board installed for the many inspirations sure to be imagined in the new, spiffy space! Thanks to everyone for their help!

Writers Workshop Meets at St. Tim's

The St. Louis Writers Workshop is a private writing school which offers learning opportunities to creative writers of all skill levels and experience. St. Timothy's own Angela Mitchell is the school's director, and holds classes in the education wing. "Our workshops and seminars are appropriate for any adult or teen who wants to learn more about creative writing," said Mitchell. There will be two classes held this summer:

Teens Who Write Poetry

(Meets on Wednesday, July 6, 13, 20, & 27, from 6:30 - 8:30 p.m.)

This workshop, focused on the teen poet (incoming 7th-12th grade), will provide a supportive and encouraging environment in which to craft, share, and receive feedback on poetry. Selected readings and guided prompts will help to jump-start new work. Sensory experience and concrete imagery will serve as the framework for in-class writing exercises. Class enrollment is limited to 10 students.

Teens Who Write Fiction:

(Meets on Wednesday, July 6, 13, 20 & 27, from 6:30 - 8:30p.m.)

This workshop, focused on the teen writer (incoming 7th-12th grade), will help students expand on their fiction writing skills by polishing already completed story drafts and beginning new ones via creative writing prompts. Class enrollment is limited to 10 students. There are only a few more slots open for this class.

Please call 314-578-4434 for more information.

More Classes at St. Tim's

YOGA St. Tim's Sarah Wangler teaches two Yoga classes on Tuesday morning in the Youth Lounge:

Regular Yoga 8:30 - 9:30 a.m.

Gentle Yoga 9:30 - 10:30 a.m.

(Call Sarah at (618) 978-4054 for more information.)

HULA Cathie Muschany, also a St. Tim's member, gives Hula lessons on Thursday evenings from 6:15 - 7:15 p.m. Call Cathie at (808) 741-8216 for more info.

Spotlight on Ministry: Sigel School

One-on-One Learning at Sigel Elementary

By Florrie Kohn

Each school week, 30-minute carpools transport St. Tim's parishioners into a different world. They are the volunteers at Sigel Elementary School, which is a neighborhood school in the St. Louis City School District. Leslie Corey, who coordinates the Sigel School program at St. Tim's, can't say enough good things about the experience.



"When you go into the city, you touch the life of a child who is different from you. It is life-changing. You see the world differently, and it will change your mind and heart about cultural differences, poverty and race," says Corey.

Sigel sits on Allen Ave. near historic Lafayette

Park. Tall, leafy green hardwood trees and an elegant wrought iron fence line the front of the century-old, red brick building. Inside, about 260 children attend preschool through sixth grade. They come from families with limited resources; 100% receive a free and/or reduced price lunch and they all qualify for Title I services.

The St. Tim's volunteers work one-on-one with kindergartners, who—similar to 5-year-olds everywhere—possess a curiosity about everything, including why you look and talk differently than they do. Each half-hour session of the time a volunteer and child spend together starts with sharing a bit about each other's lives, says Corey. Then the pair moves on to the hard work of holding pencils, sounding out letters and figuring out how to listen. By the end of the school year, she says, the children—ones who had struggled to be at grade level—are often reading beginner books and sight words.

"In kindergarten, there's no stigma about working with a tutor," says Corey. "The children are happy to see us. They get one-on-one time with someone who cares about them. We encourage and reinforce what the teacher is doing in the classroom. We often see a big difference."

Most of these children start school with more disadvantages than our own kids, relates Corey. "Many haven't had quality early childhood education and have lower expectations of what they can do. We help them feel good about themselves."

Corey is hoping more parishioners will volunteer. "As we get more volunteers, we can touch more lives and we take more children further," she says. St. Tim's provides training for new volunteers. Volunteers must also pass a background check.

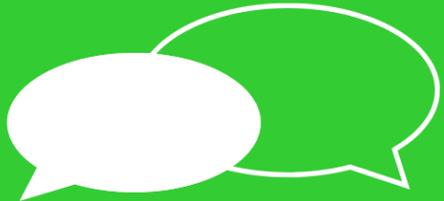
If you are not interested in teaching, Sigel still could use your help, says Corey. There is a need for assistance with science classes, you can be a "lunch buddy," bake treats for the teachers or read stories to the younger classes.

There is also another project that might be a great fit if you can't make a weekly, continuing time commitment: Corey's biggest dream is to make over the teachers' lounge. The furniture is grim and the curtains are old. "The staff needs a place to gather that is warm and inviting," says Corey. "They need space for planning lessons, space for group meetings, and room to talk to and encourage each other—and a new coffee machine. I want all this for them."

Please contact Leslie Corey if you'd like to help.



St. Tim's volunteer Michelle Holmes with a Sigel student



FIRST WEDNESDAY

Monthly Dinner & Discussion at St. Timothy's

First Wednesdays Sessions: What's Happened So Far?

We all want to be part of a parish that we personally feel is doing God's work, both within our parish family and in our greater community. To discover what that means to St. Timothy's members, we have held a series of discussion sessions on the First Wednesday of each month of 2016 to help us discern where we need to go. Here is some of what we've learned so far:

JANUARY: St. Timothy's Mission and Vision

- The evening included a conversation about vision, mission and effective ministry. "Working definitions" or "working models" of both a Congregational Mission Statement and Congregational Vision Statement were generated by small group discussion.
- These statements will lay the groundwork for our structure and help inform us on how to move forward in our mission and vision priorities and plans.
- Groups were specifically NOT asked to write definitions, only to come up with core ideas and words we want to embody as Christians and Episcopalians.
- It is expected that the entire year-long series of discussions will ultimately inform our "reconstructed" Mission and Vision statements.
- Results presented to Vestry for further discernment.

FEBRUARY: Fellowship

- A Fellowship Steering Committee was formed: Jennifer Barnes, Caroline Kelsey, Susan Moenkhaus, Carolyn Schuerman, Nancy Setzer, Mitzi Uyemura, and Madeline Zwickelmaier.
- A list of Fellowship events was generated by the people attending this discussion, including current favorites, some that have been held in previous years that many would like to do again, plus ideas for new ones.
- A master calendar of those events has been created to ensure appropriate timing for those events. This will eventually be displayed on bulletin board in Gathering Space to allow people to see what is planned for the entire year.
- A "Fellowship Events Manual" is being created by the Steering Committee to describe in detail how to hold each event. The goal of this manual is to organize all aspects of the various events, making it easier for volunteers to participate.
- A "Guide for Committees" was written by the Design Team to be distributed and used by ALL committees at St. Timothy's. This is a thorough, common sense guide reminding us how to be effective, productive, respectful, and transparent in our efforts to serve God in our many groups at St. Tim's.

MARCH: Pastoral Care

We are trying to look beyond the traditional forms of Pastoral Care to see how we can best minister to each other and all become a **Caring Community**. Some suggestions were:

- Provide opportunities for people to come together: a dance in Parish Hall, Fellowship Square Dance, holiday dance, a camping trip, Progressive Dinners, bridge games, a birthday lunch
- Respite care for those caring for children, loved ones, etc.
- Create a seven question interview to get to know our parishioners

Another question asked for specific jobs or services we can offer as ways people can become involved and support our Caring Community without becoming overcommitted:

- Volunteers to provide transportation to doctor's visits, trips to the grocery store, pharmacy and other shopping
- Have small group activities: go to museums, out to eat, walks in parks
- Reinstate Shepherding Program

Sign up sheets are now on the bulletin board in Gathering Space to allow people to sign up to help by providing meals, transportation, sending cards, etc., with a smaller time commitment to encourage greater participation.

APRIL: Worship

The main question of this session was "What can we do to make worship more meaningful?"

This elicited many interesting and varied suggestions:

- Make it known that the 9 a.m. Guitar Service is friendly and meaningful for families and children of all ages; this way families can go to service at 9 a.m. every Sunday
- Have more services that include festive music, like the Dixieland Band
- Invite guests to events like Evensong and other special music events (more approachable than a regular church service)
- Sermon to concentrate on applying the principles to our life; not explain the lesson
- Encourage more youth service projects

May's First Wednesday Topic: Adult Christian Education and Formation

How do we become adult Christians, and what are our best practices for keeping our faith fresh and relevant?

No matter how long you have been attending St. Timothy's, we need to hear from you! Please join us **Wednesday, May 4, 2016 at 6:00 p.m.** in the Parish Hall. We will gather over another delicious and abundant pot luck. Dinner will start at 6 pm and our discussion will end by 8 pm. Childcare is available if needed. Please sign up on the bulletin board or online <http://www.saint-tims.org/first-wednesdays.html>.

Future Topics for Dinner & Discussion Evenings:

- June: Children and Youth
- July & August: NO SESSIONS
- September: Becoming a Welcoming Community
- October: Community Relationships
- November: Outreach/Service
- December: TBA (Suggestions, please!)