

Phyllis Knight

Phyllis is a 65-year-old retired Registered Respiratory Therapist/Educator RRT BSEd, of 28 years including ICU and ER Trauma, training home care nurses in the advancement of trach and ventilator care in long term facility patients. Throughout her career and ongoing, she has spent her life serving others professionally and personally in her career and volunteer work.

Phyllis is a powerful force in community services and uses her positive spirit and tireless energy to help others in need by giving of countless hours to youth organizations, her church, All Saints' Episcopal Church as Vestry Board Member for two terms, Director of Youth Ministries, Ministry on Racial Reconciliation (MORR), the We Can National organization, Pastoral Care Services, and St. Timothy's Episcopal Church, Crocheting Ministries, just to name a few. Loyal and dedicated to giving of herself, Phyllis is a bundle of undeniable love.

Phyllis' skills have landed her in volunteer roles as Secretary, to the St. Louis County Branch of the National Association of the Advancement of Colored People (NAACP), President, to the Missouri Society of Respiratory Care Missouri/Illinois Region, Youth Advisor to the NAACP Youth Council 49-AC of St. Louis County MO, Member of the National NAACP Youth Works committee, President, of the Committee of 100 Women, under the leadership of Martin Mathews, Co-Founder of the Mathew Dickies Boys and Girls Club.

Phyllis is inspired daily by her husband of 31 years and their 26-year-old twins, helping them further their education in grad school and recently leaving the nest empty. In her free time, Phyllis likes to travel internationally and domestically, crochet, gardening, and spending quality time with her five grandchildren from her elder children.

A quiky thing about Phyllis is she can be a Polly Annie and Sanguine personality at the same time.