

**St. Timothy's Episcopal Church**

**Creve Coeur, MO**

# From the Rector



To the beloved community of St. Timothy:

This year the whole of the month of February is in the season of the Epiphany. Ash Wednesday is on March 1. The lessons during the season after Epiphany in all three years of the lectionary point to the revelation of the Messiah by sign, by the power of his call upon the disciples and by his teaching. In this year, Year A, the gospel lessons all come from the Sermon on the Mount, which is at the heart of this gospel. The Mount in the Matthew is like Mount Sinai is in the books of Moses. It is Jesus speaking on behalf of God about how we are to see life and how to obey God's call upon us. Every year the season after the Epiphany ends with the Sunday of the Transfiguration. The vision of Jesus there on that Mount is a glimpse of the unveiled glory of the Incarnate Christ, just ahead of the journey toward his death on the cross at Calvary.

During Epiphany we see the veil removed. We see God's love revealed in the face of our Lord. In his words we find inspiration and courage. We also see our own destiny. God's grace and love are given so freely that we ourselves are transfigured into his likeness. As we enter the season of Lent, we have the opportunity to amend our ways and our doings. True penitence comes when we remember that we are loved. The knowledge of love brings joy out of sorrow and leads us back to our true selves. Remembering our baptism we die to the world,

the flesh and the devil; self-hatred, exploitation of our neighbors, and disrespect for the creation. As we follow Jesus in the way of the cross we never lose sight of the Resurrection. We die and rise with him.

I am so happy that we have begun to solve our staffing problems. On January 23 we welcomed Tess Barcey to St. Timothy's to serve as our full time Administrative Assistant. Please make time to greet her, meet her and welcome her to St. Tim's. Get to know her and let her get to know you. Tell her the stories of the parish. She brings good skills in office management and computers, as well as a sunny personality and a "can do" attitude. We have made a hiring decision about a Youth Minister, but we will hold off the announcement until we have secured a background check and thoroughly vetted the candidate. Many thanks to the Search Committees that has worked so diligently.

I appreciate the willingness of our members to step up to serve us by leading our Vestry, serving our Endowment and representing us at Metro IV Convocation and Diocesan Convention. Your sacrifice is noted and celebrated.

The Vestry is going to be hard at work for us this year, beginning with the Vestry Retreat on February 25 from 12:00 noon to 4:30pm. Pray for our leadership. Give them your loyal feedback. Support them with your love and work and prayers. We welcome our newly appointed Senior Warden, Mitzi Uyemura. The Senior Warden is appointed by the Rector. The Junior Warden is elected from among the Vestry at the first meeting in February.

Let God's love be known,

Marvin +



# FACES OF COURAGE

## In the Colonnade

Persistence and a deep sense of justice, dignity and self-worth are the hallmarks that characterize the individuals we honor this February in connection with Black History Month.

Please join us for a **Colonnade Walk** of portraits of individuals who have affected our lives and contributed to global values. As you view the portraits, our docents will be available to provide further background on these honored individuals.

The posters will be on display in the Colonnade on the dates below, and for most of February. We encourage you to read their information and listen to their stories.

**Saturday, February 18, 2017**

**After the 5:00 p.m. Service**

**and**

**Sunday, February 19, 2017**

**After All Services**

**(Light refreshments will be served on both dates.)**



Sponsored by the Ministry of Racial Reconciliation (MORR)



## Annual Fat Tuesday Pancake Breakfast on February 26

St. Timothy's annual Fat Tuesday Pancake Breakfast will be held in the Parish Hall on February 26, the Sunday right before Mardi Gras. What better way to celebrate than to bring the whole family in for our renowned Pancakes, Ham and Warm Syrup! In addition to the great food, there will be fun for

the whole family with face painting for our younger (or older!) parishioners to enjoy. The youth of the parish do the cooking and the proceeds go toward youth programs. Contact Don Dewey at (314) 378-6015 with questions.



### St. Timothy's Kiva Team

By Kathy Dyer

Kiva is a non-profit organization that works with microfinance institutions to provide loans to people without access to traditional banking systems. At our meeting in January 2017, we extended 19 new loans, totaling \$1900, to individuals or small groups in 16 different countries. The loans will be used:

- To provide low-income households with access to clean drinking water. (Cambodia)
- To purchase fertilizer and hire laborers to help with planting and harvesting. (Myanmar)
- To buy more juice, milk, bread, and biscuits to sell. (Rwanda)
- To buy 30 bags of wheat flour. (Congo)
- To buy products for a woman's hair salon business. (Pakistan)
- To purchase additional bags of rice, bags of onions, and a gallon of palm oil. (Sierra Leone)
- To buy more supplies of groceries and rice grain to sell in their village. (Philippines)
- To pay for supplies needed for a woman's design service. (Armenia)
- To allow a hardware store owner stock up on sheet metal, cement, and iron goods. (Congo)
- To purchase enough fodder to last all winter for cattle. (Armenia)
- To buy mineral fertilizers and vegetable seeds for better crops. (Tajikistan)
- To buy food products for a woman's restaurant. (Burundi)
- To buy corn, beans, and snacks to sell with shop owner's created cornflower drink. (Guatemala)
- To add more items such as salt, rice, and sugar to woman's grocery. (Rwanda)
- To provide ten tons of hay as feed for livestock. (Kyrgyzstan)
- To take advantage of bulk discounts to resell in a woman's hardware store. (Zimbabwe)
- To purchase baby poultry to raise and sell in the future. (Vietnam)
- To buy pots, lids, cloths and a variety of utensils for resale. (Brazil)
- To start up a toy store. (Georgia)



Starting with \$3,627 in 2011, St. Timothy's has provided loans totaling \$20,125 to individuals or small groups across 62 countries. Loan repayments are used to fund more loans. Of the 211 loans we have made so far: 169 were repaid, 3 defaulted, 19 are newly funded or still fundraising and 20 are in payback status.

# A Day Comes Full Circle

By Agnes Bolwell

**“Bound together in Christ by sacrament, prayer and praise...” BCP p. 862**

This past Sunday, January 29, was our living response to the Catechism question, “What is the communion of saints?”

In the morning, we saints of St. Timothy’s gathered as one to celebrate our patronal feast, receive the Bishop, and conduct our annual meeting. We were piped through the front door by Laura Hartung, as an indicator of the solemn yet joyful service to come. Sometimes, having only one service is a good thing – especially for the annual gathering of the clan. It gives us the opportunity to greet friends we may not have seen for a while and to worship together in Christ. We gather to check our finances, our purpose for being, refresh our leadership and go home feeling pretty good about the state of our community. It is the perfect setting to practice what the Bishop preached: “those who have developed their minds need also to develop their hearts, and those who have developed their hearts should also develop their minds.”

But wait! That’s not all. We gathered again at 5:00 PM to participate in Choral Evensong, and the family-gathering feeling of the morning carried over to the re-gathering. It had the feel of a family celebration. People were greeting friends not seen for a long time and making new ones. Business was being conducted by robed choir members while lining up for the procession and coffee was being tossed down to lubricate dry throats. At the same time, tables were being set up, napkins laid out and general preparations being carried out for the reception afterwards.

But then we entered the quiet of the sanctuary. The liquid gold of candlelight spilled onto the oak floors, evergreens and candles graced the deep windowsills and the brilliant primary colors of stained glass softened.

The music is always beautiful at Evensong and more so on this evening. Despite having sung in the morning, the choir were back to lead and join us in prayer and praise. I believe they sing so well because they don’t “have” to.

Evensong drew to a conclusion with the chanting of what I have come to think of as the “Chaplain’s Prayer”, because that’s how I used it. “Keep watch, dear Lord, with those who work, or watch, or weep this night...” I always think of those in St. Louis City, St. Louis County and the surrounding towns who are, perhaps, at kitchen tables, bedsides, or working as caregivers and “...watching and weeping this night.” This theme was echoed in verse three of the closing hymn “Rejoice in those saints, unpraised and unknown...” (Old 104<sup>th</sup>).

But upon leaving the sanctuary, we picked up our conversations where we had dropped them; eating and drinking and enjoying each other’s company. “Bound together by Christ in sacrament, prayer and praise.” Driving home, I looked into the western sky and saw a star near the crescent moon, reminding me that both Timothy and his companion Paul were born in Turkey. And I recalled some other words of the Bishop’s sermon: “My God is your God, and your God is my God.”

If it’s been a while, or if you have never attended choral evensong, please come. Develop your heart, develop your mind, and engage your soul.



# St. Timothy's Episcopal Church

## Adult Forums: **Spring 2017**

### Focus on Theology, Service, and Engagement:

Every Sunday in the North Parish Hall, St. Timothy's welcomes a great variety of guest speakers, theologians, service agencies, and local ministries to help us understand more fully our faith in action. We build formation and education opportunities for St. Timothy's adults while keeping the following **core values**, identified by the team, in mind:

- To give adult Episcopalians the chance to explore the Bible and other sacred texts of our faith.
- To Challenge People's assumptions; acknowledging the risk inherent in some of the actions of the larger Christian Church and the Episcopal Church, both to individuals and institutions.
- To present a variety of topics and viewpoints, keeping it interesting.
- To present History for the sake of History, as it is relevant to the Church's experience today.

#### **February 5** *"We Stories – the Power of Asking 'What-if'"*

Laura Horwitz will invite us to explore questions such as: What would happen if families from all across St. Louis decided to start talking to our young children about race and racism?

#### **February 12** *"Magdalene House"*

The Rev. Hopey Jernagan will talk about the work of Magdalene St. Louis, which is a residential community for women who have survived lives of sexual exploitation, violence and addiction.

#### **February 19** *"Hula and the Church"*

Cathie Muschany will show and explain the beauty and grace of this tradition.

#### **February 26** No Forum—**Pancake Breakfast to celebrate before Lent begins.**

#### **March 5** *"Suffering and Loss"*

Dr. Hal Bush, Associate Professor in the College of Arts and Sciences at SLU will speak to us about suffering, loss and recovery.

#### **March 12** *"Journey to become an Episcopal Priest"*

Laurie Anzilotti will share her journey as well as her thoughts on the future of the church.

#### **March 19** *Review of the book, The Field of Fight*

Dr. Ann Wainscott, an Asst. Professor of Political Science at SLU, will review the book written by Retired Lt. Gen. Michael Flynn, President Trump's National Security Advisor, which discusses our response to Radical Islam.

#### **March 26, April 2 and 9** *"St. Paul and the Corinthians"*

These sessions will focus on the thoughts of St. Paul as expressed in First Corinthians, including wisdom by human standards, problems of factionalism and the gifts of the Spirit.

#### **April 16** No Forum—**Easter**

#### **April 23** To be planned

#### **April 30** *"Youth Ministry in our Diocese"*

The Rev. Loren Lasch, Youth Minister for our Diocese, will share her work to engage and support our youth.

#### **May 7** *"Privilege"*

Kim Dressel and Tony Corey will explain what this is and how it can be used for good.

#### **May 14** No Forum—**Mother's Day**

#### **May 21** *"Growing up in the Jim Crow South"*

Dr. Charlotte Ijea will share her stories of growing up.

## Did You Know?

If you would like to put someone on the Prayer List at St. Timothy's, please contact all three of the following:

- Rev. Marvin Foltz at [marvinleefoltz@gmail.com](mailto:marvinleefoltz@gmail.com)
- Rev. Paul Metzler at [paul.at.saint.tims@gmail.com](mailto:paul.at.saint.tims@gmail.com)
- [Office.at.saint.tims@gmail.com](mailto:Office.at.saint.tims@gmail.com)

Please include, if possible, your relationship with that person (a relative, in-law, friend, etc.) and why you are making the request (surgery, treatment, concern, etc.). This information is confidential, and will not be included in any parish publication. You may also call the Office and give them the information at (314) 434-5906.

# Advice on “25” for a St. Tim’s Child

By Florrie Kohn

From time to time, often during the opening hymn, my husband Frank will lean over and whisper, “Miranda’s here.”

Along with our daughters Rachel and Jessalyn, Miranda grew up at St. Tim’s—moving through Sunday school classes, choir, youth-hosted breakfasts and spiritual retreats. And whenever she or one of the many other young people—a Mason, Vanacht, Ives, Goddard, Zwikelmaier, Sharp, Crock, Agne, Hinrichs, Kramer or another—cycles through St. Tim’s, the adults of the congregational flock feel more complete. After the service, we declare how grown-up you are and want to know what you’re up to. In other words, we affirm the truth of baptism—once St. Tim’s has you, we hold on forever.



So back to Miranda: She graduated from Grinnell College, works as a medical scribe at Mercy Hospital and is studying to become a Registered Nurse. In other words, this girl is busy. But somehow in December, she found time to ask on social media: **“Facebook Friends: If you could tell your 20-something-year-old self anything (advice maybe), what would it be? I am looking for wisdom as I approach 25.”**

Really good stuff poured in, “Fantastic” is how Miranda describes it. She is writing down the wisdom she received to help her get through this year of juggling so much responsibility. Here, with Miranda’s permission, are the good words that friends and family shared to help the 25-year-old in all of us:

*Believe you are as beautiful as people who love you tell you are. Don’t wish a moment away. And God’s got this! Don’t stress about everything you thought you’d have done by this point in your life...it will all happen in due time. Never quit anything because of someone else and do what’s in your heart. Take care of business NOW and play hard later! Always be yourself and never change just to please someone. Think before you act every time. They call it temptation for a reason. Save as much money as you can. Try to do one good deed every day. If it won’t matter in five years, it doesn’t matter now.*

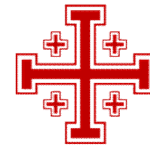
*Be confident in your daily life. Walk with your head up and make eye contact with people. If someone acknowledges you when passing by don’t be afraid to say hello. Take a minute or two to help someone in need whenever possible. Have as much fun as possible now, travel, explore, go on adventures. Once you have a mortgage and a family and a career, it’ll be way harder, but no one can take away the memories of all the fun times you had in your 20s. Work to live, don’t live to work. Don’t be so hard on yourself. Focus on making your dreams come true, and forget about what everyone else thinks.*

*1. The people in your life will always surprise you in good and bad ways. Hold on to the ones that bring nothing but happiness and goodness for your soul. Give back as much as you can in return. 2. Your friends will be the ones to hold you at your weakest and show you your strength. 3. Don’t rush anything, when it is right you’ll know it in your heart, head and bones. 4. Trust your gut. 5. Get rid of toxicity of all forms—toxic relationships, toxic food etc... 6. Exercise is good for everything, but allow yourself a break sometimes. 7. Love comes in so many forms—don’t forget to be your own person while experiencing it; if they can’t love you for who you are, see #5.*

*Stay positive and avoid negativity. The glass should always be half full, not half empty. Keep smiling that beautiful smile!!! Be honest with yourself and follow your heart. Be kind to others. I remember my mid 20s were really my hardest years. Just remember, whatever comes your way, you can handle it. Live each day as a gift as tomorrow isn’t promised. Make each day better than the last. Love yourself and be positive in all that you do. People come and go, but you always have yourself. Don’t change who you are for anyone. I would have said, don’t become 25 because then you are old. Boys that don’t care, don’t matter and are forgettable; and we stay prettier way longer, so there. Stay in school. Don’t settle!!!*

My advice to Miranda: Remember that you are always “home” when you return to St. Tim’s. Special are the children who grow here, wander, return and then often wander again, and blessed are we who know them.

# Report from the Treasurer, December 2016



We ended up the year amazingly close to our budget, with total income about 1.13% over budget and expenses that were very close - at 99.58% of budget.

Pledge income was almost exactly on budget, and plate donations were 1% over budget. Facility income was \$6,300 over our plan, and that is the largest source of our year-end surplus.

Expenses were as budgeted except in the property area, where we had some surprise maintenance bills. But we benefited from lower utility costs, and the net of the two was about 8.4% over budget.

The month of December was strong with a gain of \$31,800. We ended the year with a surplus of \$9,746.

Thanks to everyone for your faithful and consistent support through the year!

--The Finance Committee

(Steve Cameron, Ginni Campbell, The Rev. Marvin Foltz, Alice Fritsch, Norm Moenkhaus, John O'Bryan, Rick Sharp, Mike Wyland, Kurt Zwickelmaier)



## February Dates to Remember

### February Birthdays

2	Emma Barnes	15	Hopey Gardner
	Thomas Loew	16	Jennifer Barnes
	Luc Wiggins		Maryanne Coley
3	Stephanie Smith	19	Sasha Hinrichs
5	Alfonso Gioia		Jim McCullough
	Carol Rogler		Hongxia Wang
6	Mitzi Uyemura	22	Deanna Mason
10	Kirk Fritsch		Paul Pennel
12	Judy DeMarco	24	Aaron Agne
	Norm Moenkhaus		Rick Dyer
	Chase Nauman	27	Kate Buckley
	Andrew Schuerman		
13	Ellen Lindsey		
	Irena Pennel		
14	Sharon LaRue		

### February Anniversaries

2	Sharon LaRue and Bob Lipscomb
5	Kate and Eric Buckley
14	Pat and Jerry Evans
	Irene and Mike Cummins
19	Karen and Rick Sharp
22	Cathy and Chuck Agne
26	Leslie and Tony Corey
27	Charlotte Bukowski and Thomas Loew

## St. Timothy's Discipleship Bible Study Winter/Spring 2017



Please join us for **Discipleship Bible Study** in the South Parish Hall during the Christian Formation Hour starting at 9:40 a.m. on Sundays. This is a discussion-based study open to everyone and is led by Rev. Sue Eastes, Chuck Agne, and Linda Lawless.

Our program features passages that speak to both mind and heart. This spring, we'll be studying Psalms and the New Testament. Everyone is welcome to these stimulating discussions. You may come to all sessions, or drop in as you desire. Please join us for compelling Sunday morning Bible Study!

### February's Schedule:

- 5 Born of Water and Spirit (*readings in John*)
- 12 Born of Water and Spirit (*readings in John*)
- 19 Light of the World (*readings in John*)
- 26 The Coming Hour (*readings in John*)

## News & Notes

- **St. Timothy's Youth in Grades 6 - 12** will go "tubing" at Hidden Valley on Sunday, February 12! (Tubing is riding an inner tube down the slopes at the local ski area.) We will leave immediately after Sunday School. Please bring/wear warm winter clothing and boots. Tubing time is limited to three hours, and the cost is \$10 per person; St. Tim's is picking up the balance of the actual \$26 cost. We will grab a bite to eat somewhere before heading to the slopes. *A release was e-mailed to parents; it **must** be signed by each child's parent. No release – no tubing!* Contact Keith Boyd with questions.
- The **Daytimers** are heading to the St. Louis Contemporary Art Museum on Wednesday, February 22. We will go on a docent-led tour at 11:00 a.m., followed by lunch at the Museum Café. Cars will leave from St. Tim's at 10:15 a.m. sharp! If you wish to arrive on your own, please meet us at 10:55 a.m. at the Museum, located at 3750 Washington Blvd. Please call Caroline Kelsey at (314) 378 7945 with any questions.

## Events in February

### Saturday, Feb. 4

- Peace Meal at St. John's, Tower Grove

### Sunday, Feb. 5

- Scout Sunday

### Fri. & Sat., Feb. 10 & 11

- Youth Lock-in, Christ Church Cathedral

### Sunday, Feb. 12

- Youth Event (Gr 6-12) Tubing at Hidden Valley, after Sun. Sch.

### Wednesday, Feb. 22

- Daytimers: Trip to Contemporary Art Museum, 10:30 a.m.

### Saturday, Feb. 25

- Absalom Jones Celebration, Emmanuel Church, Webster Grvs

### Sunday, Feb. 26

- Fat Tuesday Pancake Breakfast, 8:45 a.m., Parish Hall

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