

St. Timothy's Episcopal Church

Creve Coeur, MO

From the Rector



To the beloved community of St. Timothy:

January is a month of beginnings. January 1 is the Feast of the Holy Name of Jesus, a day to rejoice in the gift of Jesus. "Does one of us feel sad? Let the name of Jesus come into his heart, from there let it spring to his mouth, so that shining like the dawn it may dispel all darkness and make a cloudless sky."¹ January 1 was a day of remembrance for Alexandria Renae Kees. Her grandfather, the Reverend John C. Kees, came to help us baptize her.

January 6, the Feast of the Epiphany, is called in some cultures, including my wife's family tradition, "Little Christmas," another day for gifts. It is the coming of light, the star that drew the Gentile wise to seek the Christ and find him in Bethlehem. It is the official end, the Twelfth Night of Christmas.

January 8 is a baptismal day, one of the greatest feasts of the Eastern Church. The ancient Christian feast day is significant as a celebration of the baptism of Jesus by John the Baptist, as well as a more general celebration of his birth. The Sundays which follow Epiphany are known as the time of manifestation. If you are seeking to be baptized, instructions are available to prepare for the sacrament. Please call to set an appointment with the clergy.

January 14 we are planning to renew and transform the old St. Timothy's practice of the "Progressive Dinner." We are now calling it "A Dinner Walk," it will be held at St. Timothy's, and Nancy Setzer is taking leadership for this fun event for everyone.

January 21 there will be a private wedding, yet another sacramental action for members of our community.

January 29 is our Annual Parish Meeting and the date of the Bishop's Visitation. There will only be one service of the Holy Eucharist at 9:00 a.m. with the Meeting to follow. The Bishop's Visitation is another opportunity for Holy Baptism and also for Confirmation and Reception into the Church's communion from other denominations. Please call for appointments for instruction.

We will be electing Vestry Members, Diocesan Convention Deputies and Endowment Committee Members. Job descriptions are available. See the Nominations Committee to nominate someone, or even yourself.

Throughout the Season of Epiphany the Church offers Epiphany House Blessings. Homes may be blessed every new year with prayers and a ritual chalking. Intrigued? Call Fr. Marvin for more information.

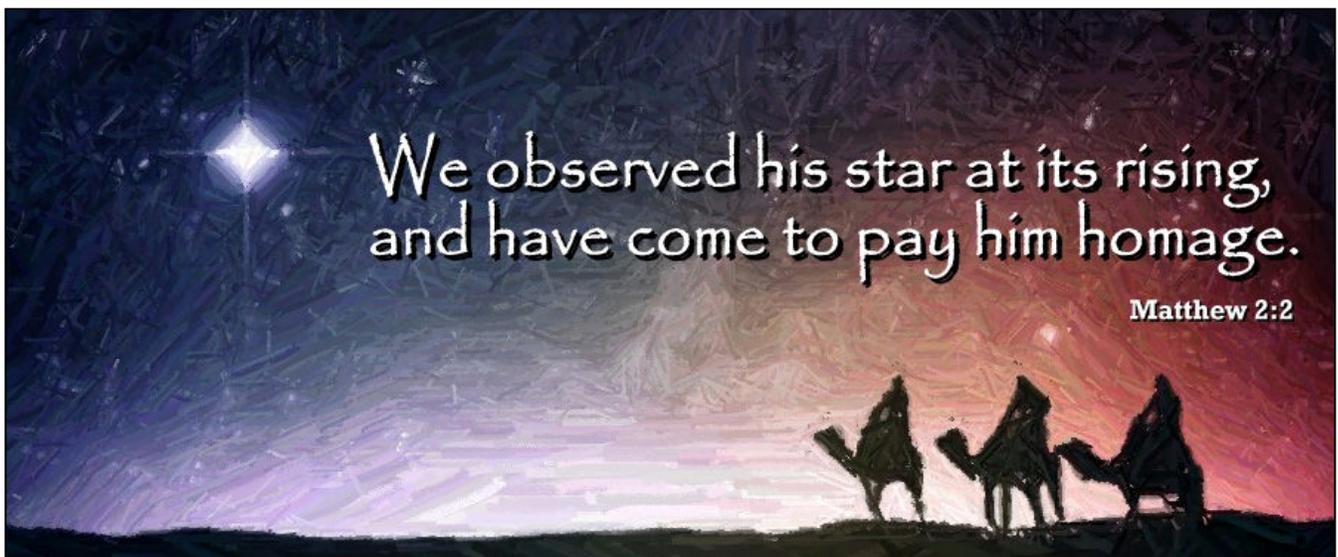
May we find new blessings and new beginning as we join ourselves to Christ and his new community of love.

Love,
Marvin +



Eleven Facts about the Feast of the Epiphany

- The Book of Occasional Services offers a traditional Epiphany Blessing for Homes.
- The three Kings (Melchior, Caspar and Balthazar) represented Europe, Arabia and Africa respectively.
- Hundreds of years ago, roast lamb was traditionally served at Epiphany in honor of Christ and the three Kings' visit.
- Whoever finds the small statue of a baby Jesus hidden inside their slice of the Rosca de Reyes throws a party on Candlemas in February.
- In some European countries, children leave their shoes out the night before to be filled with gifts, while others leave straw for the three Kings' horses.
- According to Greek Orthodox Church's traditions, a priest will bless the waters by throwing a cross into it as worshippers try to retrieve it.
- In Bulgaria too, Eastern Orthodox priests throw a cross in the sea and the men dive in - competing to get to it first.
- In Venice, a traditional regatta that started as a joke in the late 1970s has been incorporated in the celebrations of Epiphany Day.
- In Prague, there is a traditional Three Kings swim to commemorate Epiphany Day at the Vltava River.
- In New York, El Museo del Barrio has celebrated and promoted the Three Kings' Day tradition with an annual parade for more than three decades. Thousands take part in the procession featuring camels, colorful puppets and floats.
- The day's activities involve singing holiday carols called aguinaldos.



Dear Friends,

What a party you gave me for my retirement. I so appreciate all of you being there, and some coming back after attending another service. Wow, it was truly memorable!

It has been my pleasure to get to know you and be part of your lives these past 16 years. There is no doubt about it - I will miss you.

And thank you so much for the generous purse you presented me with. It was more than enough for my husband and me to travel to South Korea to visit my younger daughter and family there.

Thank you again for the love you have shown to me.

Best wishes, Alice



Alice McLaughlin with husband Jim and daughter Julia at her farewell party at St. Tim's on December 11.

A Memorable Thanksgiving Dinner at St. Tim's

We give thanks all year round, but especially in November! We're thankful that 31 people gathered at St. Timothy's to share a meal and fellowship on November 24. We roasted two turkeys and enjoyed the favorite dishes that everyone brought. The Parish Hall was set up like a fine dining restaurant with candles and music adding to the atmosphere. Since everyone pitched in with the set up and clean up it was a hassle free day! Join us for this celebration in 2017.

--Nancy Setzer and Dorothy Bacon



Growing List of Outside Groups Meet at St. Timothy's

We have a big, beautiful church with lots of rooms and areas in which to meet, and a growing number of outside groups are meeting regularly in our facilities. Unless you look at our calendar on a regular basis, you probably aren't aware of how much goes on in our space:

- Al Anon: meets once a month
- Aerobics Class: meets 6:15-7:15 p.m. Wednesdays and 9 - 10 a.m. Saturdays (see Nancy Setzer for info)
- Business Networking International: meets every Tuesday 11:00 a.m.- 1:30 p.m. in Parish Hall for networking and lunch
- Daughters of Dignity (Adult children of alcoholics): meets every Monday at 5:45 p.m.
- Homeschool class (Mothers and kids who home-school gather for enrichment and activities): meets every Tuesday from 9:15 a.m. - 2:30 p.m.
- Imacs Math Classes (Tutoring sessions in math for kids): meets every Saturday from 9:00 - 11:00 a.m.
- Rug Hookers (Do all types of needlework, including rug hooking): meets 1st Thursday of month 10 - 3pm
- Community of St. Peter & St. Paul (Rent the sanctuary every Sunday from 4:00 - 5:00 p.m.)
- **Yoga is returning to St. Tim's!** Starting Jan. 19, two classes every Thursday: 8:30 a.m. is for all levels; 9:40 class is a gentle/chair yoga. Taught by Christy Hayes, (314) 317-8870 or chayas324@mac.com.

MUSIC NOTES

Sunday 29 January we will celebrate our Patronal Feast with the visitation of our Bishop and the Parish's Annual Meeting.

According to *An Episcopal Dictionary of the Church*:

The custom of having a patron saint can be traced to the practice of building churches over the tombs of martyrs. Patron saints may be chosen for a variety of reasons. For example, a church that was founded on a saint's day might have that saint as patron. Some patron saints are associated with particular countries, regional or ethnic backgrounds, or forms of ministry. The patronal festival is usually the feast of the church or organization's title. The feast of a church's patron or title may be observed on or transferred to a Sunday, taking precedence over the usual Sunday observance in the calendar of the church year.

Saint Timothy and Saint Titus share the feast day of 26 January, which, because of their close connection to Saint Paul, is the day after Paul's feast day (25 January).

Timothy was a native of Lystra in Asia Minor, the son of a Greek father and a Jewish mother who was a believer. We learn from the Acts of the Apostles that "He was well spoken of by the brethren at Lystra and Iconium. Paul wanted Timothy to accompany him; and he took him and circumcised him because of the Jews who were in those places, for they all knew that his father was a Greek." (ACTS 16:1-3) In addition to being a devoted companion of Paul, Timothy was entrusted with missions to the Thessalonians, to encourage them under persecution, and to the Corinthians, to strengthen the converts in the faith. Timothy became Paul's representative at Ephesus, and, according to Eusebius, the first bishop of that city. (*Lesser Feasts and Fasts*)

There will be only one service that morning at 9.00, and we will welcome piper Laura Hartung who will be playing at the doors of the Church as parishioners arrive. That afternoon, the Choir will sing Evensong at 5:00 for the Feast of Saints Timothy and Titus. The evening's Canticles will be those in G by Herbert Sumsion. Richard Shephard's anthem *Give us the wings of faith* will also be sung.

Pax,

Mark

Mark R. Scholtz
Director of Music



News and Notes

The **Pastoral Care Ministry** is able to help if you need it:

- Contact **Judy Maloney** if you are in need of a meal or two brought in. She has a list of people who are willing to cook and deliver. (636) 778-9633 or jamaloney330@gmail.com.
- Call **Claudia Uccello** if you are in need of a ride somewhere. She can arrange for someone to drive you to a doctor's appointment or to church, or elsewhere. (636) 733-0124 or claudiaucc@yahoo.com.

Kiva allows lenders to make loans to help people improve a business, go to school, or otherwise improve their lives. Their mission is to connect people through lending to alleviate poverty. St. Timothy's has provided loans through Kiva for the past five years. As loans are repaid, we use the funds to make new loans. Please join us on Wednesday, January 18, 2017, at 7 p.m. to help us choose new loan recipients. Contact Kathy Dyer at k-dyer@juno.com for more info.

St. Timothy's Discipleship Bible Study

Winter/Spring 2017



Please join us for **Discipleship Bible Study** in the South Parish Hall during the Christian Formation Hour starting at 9:40 a.m. on Sundays. This is a discussion-based study open to everyone and is led by Rev. Sue Eastes, Chuck Agne, and Linda Lawless. Join us beginning **January 8th** for our new year of compelling Sunday morning Bible Study. This spring, we'll be studying in Psalms and the New Testament.

Our program features passages that speak to both mind and heart. We'll listen to particular voices from various people of God, as they hear, and interpret, words from God. And we'll look at responses evoked by those voices – responses that can be useful for us today – as invitations to our own discipleship. Our Spring, 2017 readings are from: Psalms, John; 1, 2, 3 John, James, Jude, and Revelation.

Everyone is welcome to these stimulating discussions. You may come to all sessions, or drop in as you desire.

The 2017 Winter/Spring Schedule:

January	8	Mourning: Songs of <u>Pain</u> (<i>readings in Psalms</i>)
	15	Praise: Songs of <u>Joy</u> (<i>readings in Psalms</i>)
	22	Incarnation: The Word Became Flesh (<i>readings in John</i>)
February	5	Born of Water and Spirit (<i>readings in John</i>)
	12	Born of Water and Spirit (<i>readings in John</i>)
	19	Light of the World (<i>readings in John</i>)
	26	The Coming Hour (<i>readings in John</i>)
March	5	Power to Bear Fruit (<i>readings in John</i>)
	12	Where No One Else Can Go (<i>readings in John, Leviticus, Hebrews</i>)
	19	Weeping Turned to Witness (<i>readings in John, Mark, Matthew</i>)
	26	Our Life Together (<i>readings in 1John, 2John, Jude</i>)
April	2	The Power of the Tongue (<i>readings in James</i>)
	9	Vision of End Time (<i>readings in Revelation</i>)
	16	NO CLASS ON EASTER
	23	Letters to the Churches (<i>readings in Revelation</i>)
	30	What Must Take Place (<i>readings in Revelation</i>)
May	7	The Power of Evil (<i>readings in Revelation</i>)
	14	A New Heaven & a New Earth (<i>readings in Revelation</i>)
	21	Under the Tree of Life (<i>misc readings</i>)

On **Jan. 8th**, we will be discussing how the people of God can deal with the pain of living the human life. The **Psalms** are a collection of many genres – some of which are the expressive Israel songs of **pain**. If you wish, you may prepare by reading in the book of **Psalms 3, 4, 11, 22, 31, 32, 38, 39, 63, 71, 80, 85, 91, 94, 103, 126, 131, 139**. Newcomers are welcome!

Cooking Up a Partnership with the One and Only “Chef G”

By Florrie Kohn



On certain mornings, a walk through the halls of St. Tim's will drive your taste buds wild. Those are the days when Larry Gerstein, nicknamed Chef G, is chopping, blending, baking and grilling in the kitchen.

Chef G is a longtime fixture on the St. Louis food scene. The five-star wedding and event caterer recently began leasing the kitchen facilities at St. Tim's. His business had outgrown its old location, and Chef G wanted his new work kitchen to be close to his home in Olivette.

"I knew churches had kitchens, and I drove around for two days looking at them," says Chef G. "I fell in love with St. Tim's—instantly. I saw the kitchen, and I said, 'This is it. This is perfect.'"

Perfect, for Chef G, is a commercial quality hood and exhaust system; separate areas for equipment, storage and food prep; and a back door entrance to facilitate coming and going without disturbing other activities underway in the building.

Along with his catering business, Chef G brought in a new group that uses St. Tim's meeting space on Tuesday mornings—the Business Networking International group—professionals who meet with the intention to grow and build profitable, efficient and successful businesses. They share a meal together, one that's prepared by Chef G. All of which can make Tuesdays the toughest time to walk through the St. Tim's without thinking ahead to lunch.

"The partnership I have with St. Tim's is a great opportunity for both of us," says Chef G. "I have a wonderful place to work and my schedule is flexible enough that I can work around when the church needs to use the kitchen."

Chef G especially appreciates the people of St. Tim's. "They are great. They are easy to work with, and wonderful and welcoming," he says.

Chef G's clients run the gamut of noshers and nibblers, and he provides food for weddings, parties, and sports teams. He has supplied delicacies and feasts for the Cardinals, the football team that left town, and performers at the Hollywood Casino Amphitheatre in Maryland Heights. The most difficult taste buds to satisfy, he observes, may be those belonging to rock stars. "For example, one band—which shall remain nameless—specified 'vegetarian, but no vegetables,'" he says. "It all worked out. We came up with a great selection for them."

There's a website for Chef G: www.championshipcatering.com. It has information about the business as well as simple recipes—including one for Gingerbread Pancakes. Cooking for the family can be very rewarding, but for those special occasions, he says: Don't do it yourself. Parties are meant to be enjoyed by everyone, including the host. If you really can't turn loose of preparing the food, at least hire someone to serve and clean up afterwards.

Thanks for the advice, Chef G. It's time to whip up a fresh batch of resolutions, and perhaps planning a party, complete with St. Tim's new caterer, will be one that gets kept.

Financial Snapshot, November 2016

For the first 11 months of 2016:

Target revenues and expenses (Budget %)	92%
Actual plate receipts	87%
Actual pledge receipts	86%
Actual expenses	91%



2016 financials are again short of budget. For the year to date, we have a \$22,057 deficit, and for the month of November, we had a \$15,713 deficit. With 92% of the budget year over, pledge income is less than budget at 86%. We would like to thank everyone that supports St. Timothy's with their time, talent and treasure, but we would ask everyone to review their commitments and help us achieve our budget.

Thanks in advance for your help and have a Happy New Year!

--The Finance Committee

(Steve Cameron, Ginni Campbell, The Rev. Marvin Foltz, Alice Fritsch, Norm Moenkhaus, John O'Bryan, Rick Sharp, Mike Wyland, Kurt Zwickelmaier)



January Dates to Remember

January Birthdays

1	Sue Ann McAvoy
7	Matthew Palmer
9	Kellie Aldrich
	Diane Brost
	Dean Bye
	Lorna Peirce
10	Bitsy Hastings
	Madeline Zwickelmaier
12	Callahan Morgan
	Kathryn Setzer
14	Sneijder Hernandez
	Gwen Muzik
16	Charlotte Bukowski
	Miranda Robert
	Gary Shreiner
	Joe Yokota

21	Keith Boyd
	Irene Cummins
	Nancy Davidson
24	Blaire Holmes
27	Agnes Bolwell
29	Amy Conard
	Ron Fleck
	Blair Porter
30	Jennifer Wischnowsky
31	Norma Rayfield

January Anniversaries

3	Mary Robert and David Hawley
12	Madeline and Kurt Zwickelmaier
21	Karen and Toby Hafeli
22	Michele and Larry Holmes

St. Tim's is in urgent need of a **commercial grade** vacuum cleaner. The one we use now doesn't work well on the many carpet types in our large space. If you have one in good shape that you don't need, please let us know. Thank you!

January 14: Take “A Dinner Walk” at St. Tim’s!

You are invited to a new spin on an old favorite: the Progressive Dinner is now “A Dinner Walk!” Instead of driving from house to house, just come to St. Tim’s for the whole evening. You’ll explore our space, meet new people and visit with friends while you enjoy a fabulous dinner!

We encourage **everyone** to come—singles, couples, and families—there will be a sitter in the nursery to care for the youngest kids, while the older kids have pizza and a movie in the youth lounge. Youth 13 and over may stay with their parents and enjoy the dinner, too!

We ask that you to sign up to bring a meat casserole (like lasagna, chicken & rice, beef enchiladas, jambalaya, etc.), a special salad, or a vegetable

dish. Each dish should serve 8-10 people.

Here’s how it works: when you arrive at 6 p.m., put your food in the kitchen, take a number card and proceed to your assigned room for appetizers and a drink. After that, everyone gathers in the Parish Hall for the potluck dinner. Then you take a different number card, and stroll to the assigned room for coffee and dessert. What could be more fun!

There is no charge for this wonderful evening; just bring your dish. (We’d welcome your help with set up or clean up--see sign up sheet.) Contact Nancy Setzer, Holly Wilson, Caroline Kelsey, or Judy Maloney with questions.

Hope to see you there!



<h2>Events in January</h2>	<p>Sunday, Jan. 8</p> <ul style="list-style-type: none"> • Adult Forum, Sunday School classes & Bible Study resume 	<p>Saturday, Jan. 14</p> <ul style="list-style-type: none"> • “A Dinner Walk” (New “Progressive Dinner) 6 p.m. 	<p>Thursday, Jan. 26</p> <ul style="list-style-type: none"> • Daytimers: Organ Recital
	<p>Wednesday, Jan. 11</p> <ul style="list-style-type: none"> • Brown Bag Supper & Spirituality reading, 5:45 p.m. 	<p>Sat. Jan 14 & Sun. Jan 15</p> <ul style="list-style-type: none"> • Dismantling Racism training workshop, St. Martin’s, Ellisville 	<p>Sunday, Jan. 29</p> <ul style="list-style-type: none"> • One service, 9 a.m., followed by Annual Meeting, in Parish Hall • Evensong, 5 p.m.

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Heidi Carter Clark, *Lay Associate for Ministry*
Mark R. Scholtz, *Director of Music*
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